I. Pre-ritual Prep

a. Make sure that you have answered these questions:

i. What do I want the entity to do? Heal all manner of illness.

ii. How do I want the entity to accomplish it? It will suck out the illness and take it to the core of the earth for recycling into positive energy. It will also restore energy to the healee.

iii. Is the entity indefinite, or is there a timeframe? Indefinite.

iv. How do I know the entity is accomplishing its task? Reports of the healee.

v. What will the entity feed on outside myself? Energy generated every time anyone anywhere gets a prescription medication filled.

vi. How do I provide the entity with an extra boost of energy? By giving it candles, incense, simmering oils, food or other such items as a reward for a job well done.

vii. What is the entity's physical housing? A small wooden box.

viii. If the entity doesn't look like its physical housing, how does it appear to me? See the "MedWoman004" (a.k.a. "Gaia 002") picture at the group.

b. Also make sure that you have named the entity and created its sigil. MoonDove is her name, and healing is her game!

c. You may wish to fast for a few hours prior to ritual. The usual number is three or seven. You may also wish to take a spiritual cleansing bath prior to ritual. Even if you don't do either of these, you should, at the very least, ground, and run earth and cosmic energy for a bit.

d. Be sure you have all things you need in your ritual space.

II. Opening

a. Attune (usually done by chanting a chant of your choice for a total of three or seven times)

b. Asperge

i. Light the main candle and say, "I call upon all the powers of Spirit to aide me in my magickal rite." Make the sign of the pentagram over the incense, light it from the central candle, and cense the area and yourself, saying, "Cleansed by air and fire."

ii. Bless the water by making the sign of the pentagram over it and do the same with the salt. Mix the salt and water. Sprinkle the area and yourself saying, "Cleansed by water and earth."

c. Cast Circle

d. Call Quarters

i. "Guardian of the East, Spirit of Air, I summon, stir and call thee forth to witness this rite and guard my circle. Grant me the gifts of intellect, imagination and inspiration. Hail and welcome!" Draw yellow pentagram in air.

ii. “Guardian of the South, Spirit of Fire, I summon, stir and call thee forth to witness this rite and guard my circle. Grant me the gifts of energy, will and passion. Hail and welcome!” Draw red pentagram in air.
iii. “Guardian of the West, Spirit of Water, I summon, stir and call thee forth to witness this rite and guard my circle. Grant me the gifts of emotion, spirituality and adaptability. Hail and welcome!” Draw a blue pentagram in the air.
iv. “Guardian of the North, Spirit of Earth, I summon, stir and call thee forth to witness this rite and guard my circle. Grant me the gift of health, prosperity and stability. Hail and welcome!” Draw green pentagram in air.

e. Invite Deity if you desire to do so.
f. State Purpose “I come tonight, standing between the worlds, in a time that is not a time and a place that is not a place, to give birth to a spirit entity of my own creation, who shall, at my whim and command, heal all manner of illness and disease.”

III. Main

a. Cense the entity’s housing. Make the sign of a pentagram over it. Sprinkle the entity’s housing with the blessed salt water. Make the sign of the pentagram over it.
b. Carve, burn, paint or otherwise place the sigil of the entity on/in the entity’s physical housing.
c. Fill your body with energy. Allow it to coalesce between your hands as a ball of energy.
d. Cupping your hands (palms-down) over the physical housing, pour this energy into the housing while chanting the entity’s name.
e. Once you have used all the energy you gathered, prick your finger with a diabetic lancet and place a drop of blood on the housing. Then blow your breath on the housing three (or seven) times. [NOTE: The blood part in this section is optional, if you are squeamish about using blood. You may also masturbate at this time and add your sexual fluids instead of using blood. Or you may use a bit of salt water, sea water or salted tomato juice in place of the blood.]
f. Say aloud *MoonDove, I have summoned, stirred and called you forth to assist me in all matters of healing all manner of illness. I command you to obey my every whim and word. I am your God. By being filled with spiritual energy, by being filled with the fire of life by my blood, and by receiving the breath of life which I have given you, I call you into being MoonDove.*
g. Read aloud to the entity all of the information you wrote down (the answers to the questions from the pre-ritual prep section).
h. Then say to the entity *MoonDove, you are born this day to assist me in all matters of healing all manner of illness and disease. You shall*

remove illness and disease from the person to whom I assign you, you shall take it to the core of the earth, that it may be recycled into positive energy, and you will restore positive energy to the person from whom you removed the disease. You shall obey all spoken commands I give you when I call you by name. Defy my will and face certain and absolute destruction. Obey my will and you will stay alive and enjoy a fruitful, productive existence. When you are not performing my will, you may rest in your housing.

i. Give the entity its first task and send it on its way.

IV. Closing

a. Thank Deities

b. Dismiss Quarters

i. "Guardian of the North, Spirit of Earth, I thank thee for attending this rite and guarding my circle. I thank you for granting me the gifts of health, prosperity and stability. Stay if you will and go if you must. Hail and farewell." Retrieve the green pentagram.

ii. "Guardian of the West, Spirit of Water, I thank thee for attending this rite and guarding my circle. I thank you for granting me the gifts of emotion, spirituality and adaptability. Stay if you will and go if you must. Hail and farewell." Retrieve the blue pentagram.

iii. "Guardian of the South, Spirit of Fire, I thank thee for attending this rite and guarding my circle. I thank you for the gifts of energy, will and passion. Stay if you will and go if you must. Hail and farewell." Retrieve the red pentagram.

iv. "Guardian of the East, Spirit of Air, I thank thee for attending this rite and guarding my circle. I thank you for granting me the gifts of intellect, imagination and inspiration. Stay if you will and go if you must. Hail and farewell." Retrieve the yellow pentagram.

c. Open Circle – snuff the Spirit Candle, cut the circle of fire at the east, suck the energy back up moving widdershins, and ground it into a grounding stone, the earth or some other tool.

d. NOTE: You are likely to feel pretty tired after this ritual. It is not physically extraneous, as far as rituals go, but the use of energy that this ritual entails can be exhausting. You will definitely want to eat something afterwards, possibly take another cleansing bath or shower, and generally rest afterwards.